

# LIGHT TO SHINE FOUNDATION

WWW.LIGHTTOSHINE.NL WWW.LIGHTTOSHINE.ORG

## TABLE OF CONTENT

- 2 BOARD REPORT
- 3 ACTIVITIES 2022
- 6 ORGANISATION INFORMATION
- 70 STORY OF JACK
- 77 ANNUAL ACCOUNT 2022
- 72 FUTURE AND BUDGET 2023





### 1. Board Report

The Kenyan board of Light to Shine Foundation is grateful for the work done in 2022. We see the organization growing and being a blessing to many people. Light to Shine Foundation is a beacon of Light in the areas where they work. In 2022, Light to Shine Foundation was working in the following areas in Kisumu County: Kajulu, Kisian, Otonglo, Mamboleo, Kanyamedha. A total of 88 people were included in the program and visited weekly for a minimum of 3 months. In Chapter 2 you can read in detail what Light to Shine Foundation did for these people.

The board is grateful to all the donors who make it possible for Light to Shine Foundation to reach out to the most vulnerable people and their families. By bringing the Gospel, God's Light shines in the darkness and in addition, very practical help is provided including food packages, medical care, counseling etc.

As a board we look forward to 2023 and pray that the team of Light to Shine Foundation will be blessed again then, so that they can be a blessing to others.

Edwin Kipsang Chairman Kenyan board Light to Shine Foundation

Frederick Okoth Treasurer Kenyan board Light to Shine Foundation

Elijah Ogoye CEO and secretary Kenyan board Light to Shine Foundation



## 2. Activities 2022

In 2022 Light to Shine Foundation had eighty-eight people in their program.

#### 2.1 Collaboration

Most people were referred to Light to Shine Foundation by the clinic where they get their medication. Light to Shine Foundation collaborates with several local clinics including Disciples of Mercy, Port Florence and St. Monica Hospital. In addition, severa people were referred by people who have been in our program previously. There are also a number of Community Health Workers who know about Light to Shine Foundation's program and refer people to us.

#### 2.2 Home visits

Home visits were made weekly. At the point when people recover and regain their strength, the visits are slowly phased out so that people do not becom dependent or us and so that we can work toward discharge from the program.

All people in the program received a Bible in their native language. During the home visits, there was reading and sharing from the Bible, in addition to prayer. Light to Shine Foundation includes people in their program regardless of gender, religion or race. Should people not appreciate our praying and Bible reading with them, this is respected.

#### 88 PEOPLE IN TOTAL

80 ADULTS
8 CHILDREN
13 PEOPLE PASSED AWAY, CAUSING:
13 CHILDREN UNDER 18 ORPHANED
17 PEOPLE WITH TUBERCULOSIS
8 PEOPLE WITH CANCER
8 PEOPLE WITH SEVERE WOUNDS





#### 2.3 Medical care

Another part of Light to Shine Foundation's program is medical care. In 2022 we helped 8 patients with wound care, all of them had very serious wounds. This wound care is offered free of charge, this is also possible because of the free wound care materials we receive from several people in the Netherlands. In Kenya there are only basic wound care materials available, this often does not benefit the healing of serious wounds.

In a number of cases people were admitted to our program because of serious wounds, but they were not HIV+ or seriously ill or weakened. Several people required surgical intervention, in these cases Light to Shine Foundation provided the costs. Light to Shine Foundation also paid the premium of the Kenyan health insurance for several people so that they could use their insurance. This was particularly done in cases where there was a surgical procedure or chemotherapy waiting.

Several times there was a case where the costs of an operation or examination (such as MRI) was very high. Often the family was unable to contribute in these costs. In some cases we were able to take out the Kenyan health insurance and wait for the 3-month waiting period, so that the treatment was (partly) covered by the health insurance. However, in a few cases this was not possible and we were allowed to provide for the (high) costs in faith and trust.



## 2.4 Counseling

In addition to all the medical care and providing food, a large portion was also spent by Light to Shine Foundation staff on counseling, or encouragement. Many people are sick and, in addition, wistful or dejected. Regularly there are people who no longer want to take their medication or do not take them faithfully. This is addressed during the home visits. Many indicated that the listening ear offered during the visits, the advice given without judgement, is of great value!



## OVERVIEW FOOD ITEMS GIVEN IN 2022



## 2.5 Food packages

During every home visit a food package is given. In almost all cases a lack of food is one of the reasons why people are weakened and do not (or cannot) take their medication faithfully. In Kenya there is no social safety net, if you are sick you cannot work and if you cannot work there is no income. Many people live from "hand to mouth," that what they earn today is used for today's and tomorrow's food.

In 2022, more than 1,000 food packets were handed out. These food packets included the following: soap, porridge flour, corn flour, dried fish, beans or lentils, rice, white cabbage and oranges.

The prices of food and gasoline increased dramatically in 2022. This caused problems in our monthly budget and was eventually solved by additional donations through the Dutch board.

During Christmas all patients and a group of very vulnerable people received a Christmas foodbag. All of them were very grateful for this gesture.



## 3. Organisation information

#### **OUR VISION**

Transforming communities through home based care

#### 2 Corinthians 5:17

Through weekly visits, to those who are severely weakened because of HIV AIDS or other chronic conditions, Light to Shine Foundation has the opportunity to look after the least of these (Matthew 25:40). Everyone is unique and created in God's image, regardless of origin, religion or nationality. That is exactly why Light to Shine Foundation wants to reach out to everyone who needs care. Through this, Light to Shine wants to bring the life-changing message of Jesus Christ.

#### **OUR MISSION**

We excist to improve the health and wellbeing of persons living with HIV-aids related conditions and chronic illnesses, through homebased care.

#### 3 John 1:2

Light to Shine Foundation focuses on caring for people who are suffering from HIV-AIDS, other related problems or a chronic illness. Our principle is to give the best care to those who are sick by taking care of them and by sharing the love of our Lord Jesus. Our goal is to bring hope to those who are sick and care for them as Christ has taught us. We want to stand next to the patient by providing care, monitoring their mental, physical and spiritual health and guiding them in building a social network or safety net.

- We share God's word
- We provide food and medical care
- We break stigma in communities



Light to Shine is officially registered as an NGO with the Kenyan government. An annual report is made annually and shared with the NGO board of Kenya, tax returns are also filed.

Light to Shine Foundation is also registered and known to the Ministry of Health in Kenya and has permission to visit the clinics and share or receive confidential information from the clinics.

The county commissioner of Kisumu has also been briefed on the work of Light to Shine Foundation.

In the Netherlands, Light to Shine Foundation is part of the Dutch Community for World Missions (NGW), www.ngw-evangelisatie.nl, all donations go through them.

Light to Shine Foundation has two websites, a Dutch-language www.lightthoshine.nl and an English-language www.lighttoshine.org.

On both websites key information is shared. In addition, Light to Shine Foundation is also active on Facebook and Instagram.





### 3.1 Kenyan board

Light to Shine Foundation has a Kenyan board consisting of the following people:

Edwin Kipsang - Chairman

Frederick Okoth - Treasurer

Elijah Olweny - Secretary

Charles Arodi - General Board Member

Vitalis Odoyo - General board member

All board members are unpaid and independent. The board meets four times a year and oversees the operations and finances of Light to Shine Foundation.

#### 3.2 Dutch board

In the Netherlands there is a board (or home committee) that meets at least four times a year. They are there to support Elijah and Willianne Olweny, the founders of Light to Shine Foundation. The following people are part of the Dutch board:

Lisette Koolmees - Chairlady

Andre Nagtegaal - Treasurer

Elize Klaassen - Secretary

Caroline van der Weerd - General Board member

Ilse van der Wulp - General Board member

Lianne van der Velden - General board member

All board members are unpaid and independent.





## 3.3 Employees Kenya

Light to Shine Foundation employs 5 employees and 1 volunteer. All employees receive monthly salaries. They are also all registered for the Kenya Health Insurance Fund (NHIF) and Pension Fund (NSSF). Tax is remitted monthly to the Kenyan Revenue Authorities.

The following employees work for Light to Shine Foundation:

Elijah Olweny - Director, field work, organization contact, administration

Philip Donde - Patient care coordinator, hospital visits, inventory management

Rose Awuor - Patient care assistant, office maintenance

Anne Atieno - Accounting, administration, hospital visits

Willianne Olweny - Public relations, contact person for the Netherlands, fundraising (Volunteer)







## The Story of Jack

Jack is a young man in his mid-twenties when he is hit by a drunk motorcycle cab. He breaks his leg, is taken to the hospital but no further investigation is done because he has no money. Jack is a cobbler, living on an average of less than 2 euros a day. His wife is pregnant and therefore cannot do heavy work.

When we visit Jack for the first time, he is sitting on the floor in their cottage, he is in pain, besides the fact that no examination was done, he was sent home without painkillers! We take him to a specialized doctor and have pictures taken. Within a week he is operated on, gets good medication and can go home later to recover. We visit him weekly, he si grateful for the food packages and medical care. After a few weeks, he will go for surgery to remove the external frame and then get another few weeks of plaster. In the meantime, we got Jack registered for Kenyan health insurance, in case he needs to go for re-surgery. The fracture he sustained was quite complicated and will probably continue to suffer for the rest of his life.

In the meantime, Jack is recovering and shortly after the first surgery he hobbled to his stall in front of his house to repair shoes again, to provide a little income. His wife, meanwhile, gave birth to a healthy son.

Jack regularly expresses how grateful he is that Light to Shine helped him, realizing that without our help, he probably would never have gone for surgery and his future would have been very different.









#### 4. Annual account 2022

Income in 2022 has increased compared to 2021, we are grateful for this.

In 2022 we started fundraising in the Netherlands, several organizations (non-profit) were written to. Several donations were pledged for 2023.

In 2022 we received a gift from Haella Foundation of €3000, we are grateful that this allowed us to visit more people and several (larger) medical procedures could be done.

We also received several donations from companies, including a gift of €15,000 for the purchase of a car. This money will be used for this purpose in 2023.

Most of the project costs are borne by the Deputates Diaconate of the Christian Reformed Churches.

The money needed to keep the project running is transferred by the NGW to the Kenyan bank account of Light to Shine Foundation. Accounting records are kept, an annual financial audit is done by an independent, registered accounting firm in Kisumu and annual tax returns are filed in Kenya.

All amounts are in euros.

	Income 2022	Income 2021
Donations from individuals, church/offerings, businesses	€ 22.580,-	€ 9900,-
Donations received in Kenya	€ 1193,-	€ 0,-
In-kind donations received in Kenya	€ 214,-	€ 0,-
Total received	€ 23.987,-	€ 9900,-
	Lasten 2022	Lasten 2021
Program cost	€ 23.923,-	€ 6290,-
Admin cost	€ 159,-	€ 2886,-
Total costs	€ 24.082,-	€ 9176,-



#### 55. Future and Budget 2023

In 2023, Light to Shine Foundation again hopes to be a beacon of light in the areas where it operates. It is working towards seeing 80-100 people. A small expansion compared to 2022. In 2023 Light to Shine Foundation wants to focus on the quality of the work mainly and not on the number of people included in the program. This focus will be mainly on nutritious food packages, hygiene kits every 3 months and proper medical care, mainly. In recent months we have realized that sometimes it is almost impossible to get proper diagnosis or treatment in the state hospital. And although these are generally a lot more financially advantageous than the private clinics, those with serious health problems often do not get there. Therefore, the decision to invest more in medical care this year, in part by visiting private clinics.

Efforts are also being made to register people for the Kenyan health insurance, however there is a waiting period of 3 months after registration and payment. In some cases this is too long and the organization will pay for the examinations and possible surgery.



Light to Shine Foundation also hopes to purchase a proper four-wheel drive car in 2023. Currently there is 1 car available that is not really suitable for the unpaved and sometimes impassable roads. Just about all the roads used are unpaved, during the rainy season these roads often turn into mud puddles, sometimes making it impossible to reach certain areas.

Around August/September, Elijah and Willianne and their children hope to come to the Netherlands on leave. This time will be used for strengthening contacts, giving presentations and finding ways to involve companies in the work and support of the Light to Shine Foundation.



In 2022, it was financially challenging to end the year well. This was partly due to the huge price increases in food and gasoline. Partly for this reason, we increased program costs and try to build a reserve for unforeseen expenses.

We are grateful for the promised support from the Christian Reformed Church Deputates Diaconate and various organizations, for 2023.

Income 2023	
Donations individuals and companies	€ 3000,-
Donations churches/CGK diaconate	€ 16.000,-
Donations non-profit organizations	€ 8000,-
Expenses 2023	
Program costs	€ 20.838,-
Admin costs	€ 2400,-
Car purchase	€ 30.000,-
Total budget expenses	€ 53.238,-





